

## Items to Bring to English Rose Summer Camp

Please mark all items with a permanent marker

- \_\_\_\_\_ One complete change of clothes, including shorts, shirt, 2 x underwear, socks and shoes
- \_\_\_\_\_ No flip flops or crocs please. The children cannot run in them and tend to slip.
- \_\_\_\_\_ Children should come to school in their bathing suit with a cover up or clothing over the top. If at all possible for girls, it is easier for bathroom purposes to wear a tankini, or a two piece suit with a t-shirt or rash guard shirt over the top.
- \_\_\_\_\_ Towel
- \_\_\_\_\_ Hat to keep their heads from getting sun burned
- \_\_\_\_\_ Water shoes or an extra pair of sandals / shoes that can get wet (Not flip flops.)
- \_\_\_\_\_ A bottle of sunscreen in its original container, in a labelled Ziploc bag which will remain at school for the duration of camp. Please complete the Sunscreen Authorization forms.
- \_\_\_\_\_ Packed lunch if your child is here all day. Please pack in a lunch box with chill pack. Remember, we are a nut-free/peanut free school which means **no peanut butter or nuts of any kind**. Sun butter is a great alternative! We can heat up food, but it must be pre-cooked. Please note we can no longer provide plastic ware (spoons or forks) please provide if your child requires these for their lunch. Preferably reusable fork and spoon we can send home in lunch box each day.
- \_\_\_\_\_ Snack for AM and PM – we will provide juice and water throughout the day, in addition to ice-pops and lollies
- \_\_\_\_\_ Re-usable water bottle which can be left at school
- \_\_\_\_\_ Plastic bag for wet clothing
- \_\_\_\_\_ Blanket and/or sleeping buddy for rest time. We do have air conditioning!
- \_\_\_\_\_ Summer Reading - optional

**Please apply sunscreen right before bringing your child to English Rose.** We will re-apply as needed. You will need to fill out the attached form permitting us to apply throughout the day.